

## FOR IMMEDIATE RELEASE

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Media contact: George Thompson  
Center for Human Development Public Health  
541-624-2176  
info@chdinc.org  
www.chdinc.org/covid19

### COVID-19 Public Health Update

Union County, Oregon — Center for Human Development (CHD) public health reports 5 new cases. This brings the total county cases in the county to 327.

We would like to remind individuals who were tested that self-isolation/quarantine is necessary to lower the chance of you spreading illness. This means:

- DO NOT attend any activities or gatherings outside your home. This includes work, school, health care, faith-based facilities, grocery stores, restaurants, etc.
- DO NOT allow any visitors to your home.

It is vital that workplaces support employees who are required to quarantine and not ask them to go to work in these situations. We ask that local employers to make it easy for people to make the choice to stay home by promoting working from home when possible, applying paid sick leave policies liberally, and linking employees to any workplace resources available. We also realize that for many employers and employees that this is a difficult situation. Multiple resources are available through wraparound services to include financial assistance, food bank information, grocery pickup/delivery, health insurance, and Veterans services. Information is available at: <http://neojic.union-county.org/>

The Union County Incident Management Team will be holding a community briefing on Tuesday, June 30 at 6:00 p.m. The purpose of the meeting will be an opportunity for leadership to answer key questions that have been surfacing locally regarding COVID-19. Due to physical distancing requirements, the briefing will be provided virtually and live-streamed on the NE Oregon Joint Information Center Facebook page. The briefing will also be available for later viewing at [www.neojic.union-county.org](http://www.neojic.union-county.org).

People who have mild signs of COVID-19 should stay home, unless the signs of illness are serious enough they would normally seek health care. Call your health care provider before going in. Make a plan for how to be seen, while also avoiding spread of the illness to others.

**Individuals who feel very ill should seek appropriate care.** If it is an emergency, call 911. For information on when to seek emergency medical attention visit <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>. If it is not an emergency but you feel sick enough to need a medical appointment, call your primary care provider. If you don't have a doctor, call 211 for a list of providers near you.

If you need further general information about COVID-19, please visit our webpage [www.chdinc.org/covid19](http://www.chdinc.org/covid19) or call 211.

### COVID-19 Union County update 6/29/2020

Total Cases- 327  
Recovered- 13  
Deaths- 1

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